

NATIONAL QUALIFICATIONS IN DANCE

PROSPECTUS | FOR STUDENTS

Delivered in partnership with:



As the director of DANCE MAFIA, it gives me great pleasure to extend a warm welcome to all prospective dancers, enthusiasts, and dreamers who are considering joining our vibrant community. At DANCE MAFIA, we're not just a dance studio; we're a family united by a passion for movement, expression, and growth.

Our studio culture is built upon inclusivity, respect, and support. We believe in fostering an environment where every dancer feels valued, empowered, and inspired to reach their full potential. Whether you're a beginner taking your first steps or a seasoned performer honing your craft, you'll find a home here at DANCE MAFIA.

Central to our ethos are our core values of creativity, discipline, and perseverance. We understand that dance is not just about mastering steps; it's about personal and artistic development. That's why we're committed to providing comprehensive training that encompasses technique, artistry, and self-expression.

In line with our dedication to excellence, we're thrilled to offer nationally accredited certifications and extension programs, meticulously designed to elevate both the studio and the dancer's educational journey. These programs serve as catalysts for growth, offering invaluable opportunities to deepen skills, explore diverse styles, and expand artistic horizons. Studying for a certification in dance is not just about acquiring a piece of paper; it's about unlocking doors to endless possibilities, enhancing your dance prospects, and propelling your career to new heights.

Looking ahead, our vision for DANCE MAFIA is one of continuous growth and innovation. We aspire to cultivate a dynamic learning environment that nurtures not only exceptional dancers but also confident, resilient individuals. Our aim is to empower our students to become leaders in the dance world, equipped with the skills, knowledge, and passion to make a meaningful impact.

I invite you to embark on this incredible journey with us at DANCE MAFIA. Together, let's push boundaries, unlock potential, and create unforgettable moments through the power of dance.

Join the Movement...

Caitlin McMahon Director,



THE TEAM AT OUR STUDIO

Our team of passionate educators and industry professionals are committed to providing the best environment for our students



CAITLIN MCMAHON DANCE MAFIA Director | THE MOVEMENT Trainer

Meet Caitlin McMahon, the driving force behind Dance Mafia as its founder and director.

Passionate about inspiring the next generation and nurturing young talent led her to establish DANCE MAFIA in 2017, a testament to her dedication to cultivating a true community where dancers can grow, thrive and make their dreams a reality.

Caitlin boasts an impressive professional career spanning over 15 years. Securing her inaugural contract at the age of 18 aboard Royal Caribbean's Legend of the Seas marked the beginning of a remarkable trajectory, as she went on to complete four consecutive contracts with Royal Caribbean International, captivating audiences as both a dancer and featured aerialist and eventually ascending to the role of Dance Captain, exemplifying her leadership and artistry. Venturing to Asia, Europe and the UK, Caitlin showcased her talents in prestigious productions both on tour and on the West end.

Since returning to Australia in 2016, Caitlin has remained at the forefront of the performing arts scene, both as a dancer and aerialist and now as a choreographer, mentor and talent manager. Caitlin serves her students whole heartedly and is invested every dancer's unique journey.

"Through guidance, encouragement, and unwavering dedication, we empower our dancers to thrive, to shine, and to leave their mark on the world stage. Welcome to a place where passion meets purpose, where dancers are not just taught but inspired to soar. Welcome to our home, where dreams are not just realized but celebrated."



BRAVE WOODCOCK

DANCE MAFIA Teacher | THE MOVEMENT Trainer and Assessor

Brave plays a pivotal role within The Movement, where she guides and evaluates her students while empowering them to chase their aspirations and evolve as dancers within the industry. Known for her strong work ethic and dedication Brave has earned the respect of colleagues and peers alike. She



thrives in collaborative settings, making her an indispensable member of The Movement team.

STANDARDS OF A REGISTERED TRAINING ORGANISATION

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

Empowerdance is an Australian Registered Training Organisation committed to the provision of quality accredited training. Empowerdance policy dictates a strict adherence to relevant state and federal legislation relating to safety, industrial relations and access and equity. Our accredited courses are delivered in line with the Australian Quality Training Framework (AQTF) standards.

The EMPOWERDANCE RTO (40397) is committed to delivering fair, reasonable and ethical dealings of its operations relating to and including:

- Client information
- Confidentiality (staff and client)
- Complaints and appeals
- Fee structures
- Training standards
- Marketing
- Access and equity
- WHS

All Empowerdance courses provide training that is over and above the requirements of the qualification. This is to ensure that the quality of the product on course exit, meets industry standards.

DANCE MAFIA proudly delivers Nationally Recognised courses in accordance to the standards set by Empowerdance, and is able to do so because of our partnership agreement.



FLEXIBLE ASSESSMENTS

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

All assessments conducted by the Empowerdance RTO conform to assessment criteria attached to the course guidelines. Assessments take place via a variety of methods in the way of **accountability tracking, performance assignments, oral presentations, written projects, and class work**. These are flexible and are at the course coordinators discretion to best suit the students' participation and RTO timetable blocking.

Students are required to be competent in all areas to achieve competency mark of (c).

Students will be given 2 fair and equal opportunities to be assessed for competency in all units, however Empowerdance may allow further assessment opportunities where it feels there are special circumstances which are negatively affecting the assessment outcome, or where the student presents a case in which the RTO feels valid. In such circumstances, Empowerdance may seek assistance from a third party and will record the process for reporting to the Registering body.

In cases where a student has been assessed 2 times and has not yet achieved competency the RTO may refuse further assessment if it feels there is little chance of the student achieving success. If this is the case the student may appeal by addressing the Director in writing, who will consider the matter and advise the client in writing of the outcome. This process is outlined in the student handbook under the complaints and appeals.

The results and details of all assessments are recorded and kept on file for the purpose of auditing, and where applicable, will be forwarded to or included in, reports to the Registering Body.

In line with the Empowerdance policies, clients will have access to their own personal information and will be advised of all outcomes in writing.



RECOGNITION OF PRIOR LEARNING (RPL)

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

In some cases students may be able to apply for RPL if they have previously achieved the learning outcomes for an accredited unit through Nationally Recognised Training. Empowerdance will offer RPL for all units where there is enough evidence to support the application. The availability of RPL will depend on the students experience, qualifications and evidence as well as relevant training package guidelines. Students will be informed in writing with the results of the RPL application prior to the commencement of the relevant course session.

CUA10120 CERTIFICATE I IN DANCE (for ages 12+)

To be awarded the Certificate I in Dance, students must successfully complete:

3 core units from the Certificate I in Dance, and

3 elective units or additional specialist units from either the Certificate I or Certificate II in Dance

CUA20120 CERTIFICATE II IN DANCE (for ages 13+)

To be awarded the Certificate II in Dance, students must successfully complete:

6 core units from the Certificate II in Dance, and

4 elective units or additional specialist units from the Certificate II in Dance

CUA30120 CERTIFICATE III IN DANCE (for ages 14+)

To be awarded the Certificate III in Dance, students must successfully complete: 5 core units from the Certificate III in Dance, and 8 elective units or additional specialist units from the Certificate III in Dance

CUA40120 CERTIFICATE IV IN DANCE (for ages 16+)

To be awarded the Certificate IV in Dance, students must successfully complete:

 ${\rm 6}$ core units from the Certificate IV in Dance, and

7 elective units or additional specialist units from the Certificate IV in Dance



CERTIFICATE I, II, III, IV IN DANCE | OUR COURSES

STUDENT COMMITMENT - THEORY | ACADEMIC

The CUA10120 Certificate I In Dance requires students to attend classes every Wednesday from 9am to 2:30pm for 5.5 hours per week The CUA20120 Certificate II In Dance requires students to attend classes every Wednesday from 9am to 2:30pm for 5.5 hours per week The CUA30120 Certificate III In Dance requires students to attend classes every Wednesday from 9am to 2:30pm for 5.5 hours per week The CUA40120 Certificate IV In Dance requires students to attend classes every Wednesday from 9am to 2:30pm for 5.5 hours per week

STUDENT COMMITMENT - PRACTICAL

Students will choose their practical units that are then completed in their dance studio during their regular schedule. These hours are tracked in a logbook which are then put towards their final assessments. The electives/styles they choose will determine how many hours they are required to complete as a part of their Certification.

Students are assessed in a performance setting within their annual dance performance, or competition routines.

DELIVERY

All of our theory classes are delivered to students at DANCE MAFIA, 2/53 Newheath Drive Arundel, 4214. All of the theory assessments are uploaded and completed through a secure online portal, Cloud Assess, which students have access to using their own log in.

Certificate III students will need to work alongside a dance teacher in our studio to gain valuable experience for some of their student teaching and teaching units. These teachers will become their mentors, giving them one-on-one training and coaching, creating an invaluable experience, with the goal to strengthen their skills to create employability for years to come.

Students will also work alongside their peers for group assessments and will need to use the internet for their studies and for the easy access of their online assessment portal. This requires them to bring a laptop to the studio.





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CUA10120 CERTIFICATE I IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

CUA10120 CERTIFICATE I in Dance For dancers Ages 12+

This National Qualification can be achieved over 12-18 months and requires the student to attend classes from 9am-2:30pm each week while also participating in weekly dance classes in our studio. The course is aimed at expanding the skills and competence of the dancer. This course will enhance choreographic skills, safe dance practice knowledge and confidence in the dance arena.

Students will develop an understanding of the creative arts industry, how they can enter the industry and to apply their knowledge to network and communicate with industry professionals while also **choosing up to 3 genres to study and train in during this course.**

This is a perfect course for students wishing to validate their participation in their general dance studio classes to have those classes logged to complete their qualification. These hours are validated by their dance teachers.

Some of the topics covered in the Certificate I are:

- Foundations of dance technique
- Develop an understanding of the creative arts industry
- Understanding the basic functions of the human anatomy
- Learn networking skills to assist in communicating with industry professionals
- Weekly participation in dance classes of all genres (Classical ballet, Tap, Hip Hop, Jazz and Contemporary)

Feedback and improvements are recorded by the student to aid in self-awareness. The course also asks them to create accountability measures and put these into place to create an awareness around reaching goals, **time management and deadlines**. Our aim is to help each of our students expand their confidence so that they are able to reach their vision of success.

Certificate I students are assessed in a performance setting within their annual dance performances, or dance competitions.



COURSE UNITS | CUA10120 CERTIFICATE I IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

The Empowerdance Certificate I in Dance is designed to expand the skills and competence of the dancer along with enhancing their choreographic skills, safe dance practice and overall confidence in the dance industry. **Students must have an interest in dance, be at least 12 years old and have at least one year of dance experience.**

Assessment

Assessment types vary for each unit and include practical participation in technique classes, performances, knowledge papers, journals, folios, short written reports, interviews, diagrams and student-based projects

Units

Certificate I students must complete 6 units in total to gain competency in the qualification. Students must complete 3 core units, and 3 elective unit with one elective unit being from group A.

Unit Code	Unit Name
CORE	
CUADAN111	Develop foundational dance techniques
CUAWHS111	Follow safe dance practices
CUAIND211	Develop and apply creative arts industry knowledge

ELECTIVES

CUADAN112 (a)	Develop foundational ballet dance techniques
CUADAN114 (a)	Develop foundational tap dance techniques
CUADAN115 (a)	Develop foundational street dance techniques
CUADAN117 (a)	Develop foundational contemporary dance techniques
BSBCRT201 (b)	Develop and apply thinking and problem solving skills

WORKLOAD

Technique and performance units: Empowerdance recommends that students participate on average in 3 hours per week, made up of technique classes, theory/workshop time and personal practice. Students must also participate in one major performance to document the performance evidence.



COURSE OUTCOMES | CUA10120 CERTIFICATE | IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

The CUA10120 Certificate I in Dance will provide participants with the knowledge and skills to demonstrate a range of technical skills in a solo and group dance performance.

During this course, students will:

- Develop and demonstrate a clear understanding of safe dance practices, both in warm up and cool down procedures. Understand basic anatomy and biomechanical principles that support their dance practice

- Learn how body language and behaviour can affect other people's perceptions and impact the energy and the motivational levels of self and others

- Set clear goals and learn planning methods, for clear outcomes to be achieved. This skill set can transpose to everyday life, strengthening time management and expanding their confidence in communication

- Understand the expansive creative arts industry and the opportunities that are available to students and future career seekers.
- Deepen their understanding of 3 dance styles, by participating in classes while expanding their knowledge base around the history of dance.
- Students will strengthen and broaden their knowledge of their choices for employment as a dancer in the industry
- Take responsibility for the standard and effort output in each class, by seeking feedback from their teachers and mentors

Further study pathways

Successful Certificate I students can obtain further qualifications of Certificate II in Dance, Certificate III in Dance, Certificate IV in Dance, Certificate IV in Dance, Certificate IV in Dance, Certificate IV in Dance and Management, and Diploma in Dance (Elite Performance) with **Empowerdance**, or any other approved institution (please note that the Certificate I course is not a pre-requisite for other courses with Empowerdance). Students can also go on to obtain an Advanced Diploma, or Bachelor in various other dance related areas such as dance performance or education.



DELIVERY AND ASSESSMENT PLAN | CUA10120 CERTIFICATE | IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

The CUA10120 is a Certificate I in dance is linked to the National Training Package and can be completed over 6-12 months.

DANCE MAFIA is the primary delivery site for both the theoretical and practical elements of this course, providing opportunities for students to explore study within their local community. Some practical elements may be completed through the dancer's own dance studio. This can include accountability hours for chosen styles, participation in major performances and class teacher feedback.

The staff who train students throughout this certificate are dance specialists who are suitably qualified and experienced in the styles they present. The theoretical components of this certificate are conducted and assessed by the teacher with their qualifications in Training and Assessing this work, and all will be validated by the head assessors at Empowerdance.

This certificate is heavily focussed and assessed on technique and performance, and as such students are to keep logbooks of hours spent in the dance studio, feedback from teachers and records of their participation in performances. Students have the opportunity to choose a pathway of up to 3 styles.

Genres include Classical Ballet, Jazz, Tap, Contemporary or Street Dance and throughout the course of this certificate students are required to attend workshops, performance and participate as a dancer in a performance showcasing the styles they have chosen. While focussing on their technique in this performance work, the students will explore artistic expression methods while exploring musical nuances and various rhythms.

Working in a group, students will explore communication styles and the behaviour of their fellow team-mates. The group will be given the task of setting goals and by working through the challenges of working with others they will learn to give critical feedback to self and others all the while working to the final goal as a team.

Looking at the facets of the creative arts industry is just as important as the skills of a dancer. The students take a peek at the options available to them as they expand their knowledge base and explore the creative arts arena outside their studies. This work is valuable in planting small seeds of possibility for the student.

Safe dance practice is paramount to a life of longevity in the dance industry, the students studying the Certificate I in Dance commence their anatomical awareness and application of practices that bring a surface level of understanding of the foundations of safe dance.

The Certificate I in dance is for students who wish to explore their future position in the dance industry and who wish to bring an awareness to their dance practice from a technical perspective to the development of artistic awareness.



CUA20120 CERTIFICATE II IN DANCE

CUA20120 CERTIFICATE II IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

CUA20120 CERTIFICATE II in Dance For dancers Ages 13+

This National Qualification can be achieved over 12-18 months and requires the student to attend classes from 9am-2:30pm each week while also participating in weekly dance classes in our studio.

The course is aimed at expanding the skills and competence of the dancer. This course will enhance choreographic skills, safe dance practice knowledge and confidence in the dance arena.

Students will choose up to 3 genres to study and train in during this course.

This is a perfect course for students wishing to validate their participation in their general dance studio classes to have those classes logged to complete their qualification. These hours are validated by their dance teachers.

Some of the topics covered in the Certificate II are:

- Anatomy and body mapping
- Safe dance practice .
- Occupational health and safety in the dance studio
- Designing a project in a group situation
- Weekly participation in dance classes of all genres (Classical ballet, Tap, Hip Hop, Jazz and Contemporary)

Feedback and improvements are recorded by the student to aid in self-awareness. They also create accountability measures and put these into place to create an awareness around reaching goals, time management and deadlines.

Certificate II students are assessed in a performance setting within their annual dance performances, or dance competitions.



COURSE UNITS | CUA20120 CERTIFICATE II IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

The Empowerdance Certificate II in Dance is designed to expand the skills and competence of the dancer along with enhancing their choreographic skills, safe dance practice and overall confidence in the dance industry. Students must have a minimum of 2 years of dance experience and be at least 13 years old.

Assessment

Assessment types vary for each unit and include practical participation in technique classes, performances, knowledge papers, journals, folios, short written reports, interviews, diagrams and student based projects

Units

Students completing a Certificate II course must participate in 10 units to gain competency in the qualification. Students must complete 6 core units, and 4 *elective* units. (min 2 from group A).

Unit Code	Unit Name
CORE	
CUADAN211	Develop basic dance techniques
CUADAN212	Incorporate artistic expression into basic dance performances
CUAPRF211	Prepare for live performances
CUAWHS111	Follow safe dance practices
CUAWHS211	Develop a basic level of physical fitness for dance performance
CUAIND211	Develop and apply creative arts industry knowledge
ELECTIVES	
CUADAN210 (a)	Perform basic dance partnering techniques
CUADAN213 (a)	Perform basic jazz dance techniques
CUADAN215 (a)	Perform basic contemporary dance techniques
CUADAN216 (a)	Perform basic ballet techniques
CUADAN217 (a)	Perform basic tap techniques
CUADAN218 (a)	Perform basic street dance techniques
CUADAN220 (a)	Perform basic lyrical dance techniques
BSBTWK201 (b)	Work effectively with others
CUASTA212 (b)	Assist with bump in and bump out of shows
CUARES202 (b)	Source & use information relevant to own arts practice

WORKLOAD

Technique and performance units:

Empowerdance recommends that students participate on average in 4.5 hours per week, made up of technique classes, theory/workshop time and personal practice. Students must also participate in one major performance to document the performance evidence.

Other units:

To complete the other units within the course students should either attend a 2-hour session per week for 12 months, or two 1-week full time intensive sessions.



COURSE OUTCOMES | CUA20120 CERTIFICATE II IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

The CUA20120 Certificate II in Dance will provide participants with the knowledge and skills to demonstrate a range of technical skills in dance performance.

During this course, students will:

- Develop and demonstrate a clear understanding of safe dance practices related to classwork, warm up and cool down, alignment, and injury prevention.
- Understand basic anatomy and biomechanical principles that support their dance practice.
- Work in groups to develop confident communication, organisation, and time management skills and understand the power of body language and behavior- a skillset to take forward into life.
- Understand the expansive creative arts industry and the opportunities that are available to students and career seekers.
- Deepen their understanding of 3 dance styles, by participating in classes, rehearsal processes, and performances, and develop an appreciation for stylistic histories and traditions.
- Take responsibility for the standard and effort in each class, by seeking feedback from their teachers and mentors.
- Work towards physical conditioning goals.
- Develop strategies for resilience against the pressures of performance

Further study pathways

Successful Certificate II students can obtain further qualifications of Certificate III in Dance, and Certificate IV in Dance with **Empowerdance**, or any other approved institution (please note that the Certificate II course is not a pre-requisite for other courses with Empowerdance). Students can also go on to obtain a Diploma, Advanced Diploma, or Bachelor in various other dance related areas such as dance performance or education



DELIVERY AND ASSESSMENT PLAN | CUA20120 CERTIFICATE II IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

The CUA20120 is a Certificate II in dance is linked to the National Training Package and can be completed over 6-12 months.

DANCE MAFIA is the primary delivery site for both the theoretical and practical elements of this course, providing opportunities for students to explore study within their local community. Some practical elements may be completed through the dancer's own dance studio. This can include accountability hours for chosen styles, participation in major performances and class teacher feedback.

The staff who train students throughout this certificate are dance specialists who are suitably qualified and experienced in the styles they present. The theoretical components of this certificate are conducted and assessed by the teacher who is qualified in Training and Assessing this work, and all will be validated by the head assessors at Empowerdance.

This certificate is heavily focussed and assessed on technique and performance, and as such students are to keep log books of hours spent in the dance studio, feedback from teachers and records of their participation in performances. Students have the opportunity to choose a pathway of up to 3 styles. These include Classical Ballet, Lyrical, Jazz, Tap, Contemporary or Street Dance and throughout the course of this certificate students are required to attend workshops, performance and participate as a dancer in a performance showcasing the styles they have chosen. While focussing on their technique in this performance work, the students will explore artistic expression methods while exploring musical nuances and various rhythms.

Working in a group, students will explore communication styles and the behaviour of their fellow team-mates. The group will be given the task of setting goals and by working through the challenges of working with others they will learn to give critical feedback to self and others all the while working to the final goal as a team.

Looking at the facets of the creative arts industry is just as important as the skills of a dancer. The students will gain an understanding of the options available to them as they expand their knowledge base and explore the creative arts arena outside their studies. This work is valuable in planting small seeds of possibility for the student.

Safe dance practice is paramount to longevity in the dance industry, the students studying the Certificate II in Dance commence their anatomical awareness and application of practices that bring a surface level of understanding of how their body moves and how correct posture can produce better results biomechanically.

The Certificate II in dance is for students who wish to explore their future position in the dance industry and who wish to bring an awareness to their dance practice from a technical perspective through to the development of artistic awareness.



CUA30120 CERTIFICATE III IN DANCE



CUA30120 CERTIFICATE III IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

CUA30120 CERTIFICATE III in Dance For dancers Ages 14+

This National Qualification can be achieved over 18-24 months and requires the student to attend classes from 9am-2:30pm each week while also participating in weekly dance classes in our studio. The course has been designed for dancers wishing to further their training, learn teaching methods, and work on projects in a team.

Students will choose 3 genres to study and train in during this course.

This is a perfect course for students wishing to validate their participation in their general dance studio classes to have those classes logged to complete their qualification. These hours are validated by their dance teachers each lesson.

Some of the topics in this Certificate include:

- Participation in dance classes of all genres (classical ballet, street dance or contemporary, tap, jazz or musical theatre)
- Designing performance spaces
- Assisting the teacher, educating students in class planning, purposing and leading with confidence and certainty
- Managing a project within a team designing their very own film clip or a self-directed project
- Choreography 101- learning the art of putting together movements to create a clean and exciting dance piece for public performance
- Plus much more

Students will attend weekly practical classes to accumulate hours in the styles that they wish to be assessed on, and these are validated by their dance teachers. Feedback and improvement strategies are recorded and accountability measures are put into place to ensure the student is always moving forwards towards their ideal outcome.

Certificate III students are assessed in a performance setting within their annual dance performances, or competition routines.



COURSE UNITS | CUA30120 CERTIFICATE III IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

The Empowerdance Certificate III in Dance is designed to enrich the skills and competence of the dancer by enhancing their choreographic skills, planning a career in the dance industry, safe dance practice and overall confidence in the industry. Students also will gain greater self awareness as they learn to reflect and seek feedback on their technique and skills. **Students must have a minimum of 2 years of dance experience and be at least 14 years old.**

Assessment

Assessment types vary for each unit and include practical participation in technique classes, performances, knowledge papers, journals, folios, short written reports, interviews, diagrams and student-based projects

Units

Students completing a Certificate III course must participate in 13 units in total to gain competency in the qualification. Students must complete 6 core units, and a minimum of 7 elective units made up of a minimum of 3 from group a.

Unit Code	Unit Name	Unit Code	Unit Name
CORE		ELECTIVES (cont)	
CUACHR311	Develop basic dance composition skills	CUACIR301 (b)	Perform basic on-ground acrobatic techniques
CUADAN331	Integrate rhythm into movement activities	CUADLT311 (b)	Develop basic dance analysis skills
CUAIND311	Work effectively in the creative arts industry	CUAPRF314 (b)	Develop audition techniques
CUAPRF317	Develop performance techniques	CUAPRF316 (b)	Develop basic musical theatre techniques
CUAWHS311	Condition the body for dance performance	BSBTWK201 (c)	Work effectively with others
ELECTIVES		CUADTM311 (c)	Assist with dance teaching
CUADAN313 (a)	Develop dance partnering technique	CUAIND314 (c)	Plan a career in the creative arts industry
CUADAN314 (a)	Develop dance improvisation skills	CUAMUP311 (c)	Prepare personal appearance for performances
CUADAN315 (a)	Increase depth of jazz dance technique	CUAPPM311 (c)	Assist with conceiving and preparing performance spaces
CUADAN316 (a)	Increase depth of ballet dance technique	CUAWHS211 (c)	Develop a basic level of physical fitness for dance performance
CUADAN318 (a)	Increase depth of contemporary dance technique	HLTAID011 (c)	Provide first aid
CUADAN319 (a)	Increase depth of street dance technique		
CUADAN321 (a)	Increase depth of tap dance technique		
CUADAN322 (a)	Increase depth of lyrical dance techniques		

Workload

Technique and performance units

Empowerdance recommends that students participate on average in 5.5 hours per week, made up of technique classes,

theory/workshop time and personal practice.

Students must also participate in one major performance to document the evidence of this time.



COURSE OUTCOMES | CUA30120 CERTIFICATE III IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

The CUA30120 Certificate III course in Dance will provide participants with the knowledge and skills to demonstrate a range of technical skills in a solo and group dance performance.

During this course, students will:

- Work in a team to create a specific task-based project.
- Develop an understanding of the mechanics around creating a project, for their assessment, coordinating meeting agendas and logistical details.
- Create a small group dance piece. Students are carefully guided through the choreographic choices and devices available to them and will then arrange their work to perform to a live or virtual audience.
- Understand anatomy, physiology, and the best conditioning methods to support their dance practice.
- Increase strength, flexibility, stamina and mental preparedness for performance
- Develop the skills to assist a teacher in a block of dance classes. Students develop an understanding of teaching methods, learning styles, safe dance practices and environments. Students block a teaching year and term with a clear understanding of how to work toward learning outcomes for students before creating individual lesson plans.
- Design a concept for a performance setting or character profile, looking at the staging and audience configurations, or hair, makeup and costume designs.
- Plan a career to assist with their future visions
- Understand the expansive creative arts industry and the opportunities that are available to students and career seekers, locally, nationally and internationally. Students also have the opportunity to complete a day volunteering or working in the industry.
- Develop a toolkit and the skills required to audition in the industry, including headshots, resumes and show reels
- Deepen their understanding of multiple dance styles, by taking classes, rehearsing solo and group routines for performance, and working towards industry relevant key performance indicators.
- Develop their musicality and expressive skills, and learn to confidently improvise and partner other dancers
- Understand the importance of setting goals and working consistently towards meaningful target.

Further study pathways

Successful Certificate III students can obtain further qualifications of a Certificate IV in Dance with Empowerdance, or any other approved institution (please note that the Certificate III course is not a pre-requisite for other courses with Empowerdance). Students can also progress on to obtain a Diploma, Advanced Diploma, or Bachelor in various other dance related areas such as dance performance or education



DELIVERY AND ASSESSMENT PLAN | CUA30120 CERTIFICATE III IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

The CUA30120 is a Certificate III in dance which is linked to the National Training Package can be completed over 12-18 months.

DANCE MAFIA is the primary delivery site for both the theoretical and practical elements of this course, providing opportunities for students to explore study within their local community. Some practical elements may be completed through the dancer's own dance studio. This can include accountability hours for chosen styles, participation in major performances and class teacher feedback.

The trainers throughout this certificate are dance specialists who are suitably qualified and experienced in the styles they present. The theoretical components of this certificate will be conducted and assessed by the teacher who holds qualifications in Training and Assessing this work, and all will be supervised by the lead assessors at Empowerdance.

This certificate is heavily focussed and assessed on technique and performance, and as such students are to a keep logbook of hours spent in the dance studio, feedback from teachers and records of their participation in performances. Students have the opportunity to choose a pathway of up to 3 styles.

These include Classical Ballet, Jazz, Tap, Contemporary, Street Dance, Musical Theatre and Street Dance throughout the course of this certificate, students are required to attend workshops, performances and be assessed as a dancer in a performance showcasing the styles they have chosen to focus on. While focussing on their technique, this performance component the students will work through artistic expression methods while exploring musical nuances and various rhythms.

The creative arts industry is explored in this certificate and students are required to work as to witness the work requirements and a different viewpoint from their usual perspectives. Planning their own career path is also a component of this certificate that presents self-coaching into their awareness and workbooks.

Conditioning the body for dance performance is a vital element in the life of the dancer, the students studying the Certificate III in Dance will study different methods of moving and supporting their bodies. They will seek advice to build their current practice and support their bodies through the rigours of their dance practice.

Creation of choreography and learning to combine movements together is a big focus of this certificate and students will be required to present a group dance with supporting materials as part of their assessment.

The foundations are laid in this certificate to become an assistant to the teacher with a pathway into understanding of how to teach and produce results from students as a teacher. Students studying this unit are asked to log hours in the studio assisting and to plan and write teaching tools.

The Certificate III in Dance is for students who wish to explore their future position in the dance industry and who wish to bring an awareness to their dance practice from a technical perspective while developing a clear understanding of the practicalities of working in the industry.

CUA40120 CERTIFICATE IV IN DANCE

CUA40120 CERTIFICATE IV IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

CUA40120 CERTIFICATE IV IN DANCE for dancers aged 16+

This National Qualification can be achieved over 18-24 months and requires the student to attend classes from 9am-2:30pm each week while also participating in weekly dance classes in our studio.

This course has been carefully designed for the dancer to explore their full potential in an environment that is supportive, with a clear focus on the goals and future vision of success of each student. The course ensures that the student is ready to take on a career in the performing arts by giving them the tools and experience to embody their vision of success, whatever that may look like for the individual. The course covers a range of topics to ensure that upon successful completion, the dancer is industry ready.

Entry requirements: To be successful in this course, students must be physically able to undertake the qualification. Students must be able to demonstrate knowledge and technical skill in the following areas – simple body alignment, simple musical timing, awareness, tempo and phrasing in a movement sequence, basic safe dance practice, simple locomotors, turning, elevation, falling and weight transfer techniques.

Students will attend weekly practical classes to accumulate hours in the styles that they wish to be assessed on, and these are validated by their dance teachers. Feedback and improvement strategies are recorded and accountability measures are put into place to ensure the student is always moving forwards towards their ideal outcome.

Certificate IV students are assessed in a performance setting within their annual dance performances, or competition routines.

Empowerdance



COURSE UNITS | CUA40120 CERTIFICATE IV IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

The Empowerdance Certificate IV in Dance is designed for dancers who are committed to pursuing a career in the dance industry. Students must meet the entry requirements as set out by DANCE MAFIA and must have at least 4 years of dance experience, and be at least 16 years of age. The course has been specifically crafted to ensure that the dancer meet the standards of the industry, with the intention of them reaching their ultimate goals in the industry.

Assessment

Assessment types vary for each unit and include practical participation in technique classes, performances, knowledge papers, journals, folios, short written reports, interviews, diagrams and student-based projects

Workload

Technique and performance units.

Empowerdance recommends that students participate on average in 15 hours per week, made up of:

- 10 technique classes per week
- 5 hours of theoretical understanding

Students must also participate in one major performance to document the evidence of this time.

Other units

To complete the other units within the course students should either attend theory and analysis sessions per week for a minimum of 12 months and a maximum of 24 months.

Units

Certificate IV students must complete 13 units in total to gain competency in this qualification. The following units are core Certificate IV units and must be completed.



COURSE UNITS | CUA40120 CERTIFICATE IV IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

Units

Students completing this Certificate IV course must participate in 13 units in total to gain competency in the qualification. Students must complete 6 core units, and a minimum of 7 elective units made up of a minimum of 4 from group a.

Unit Code CORE	Unit Name	Unit Code ELECTIVES	Unit Name
CUACHR413	Develop choreography skills	CUAWHS413 (a)	Incorporate anatomy principles into skill development
CUADAN313	Develop and apply dance partnering techniques	CUACHR311 (b)	Develop basic dance composition skills
CUADAN417	Develop expertise in dance performance techniques	CUACIR301 (b)	Perform basic on-ground acrobatic techniques
CUAPRF414	Develop movement skills for performance	CUADLT311 (b)	Develop basic dance analysis skills
CUAPRF415	Rehearse for performances	CUAIND314 (b)	Plan a career in the creative arts industry
CUAWHS411	Apply movement and behavioral principles to conditioning	CUAMUP311 (b)	Prepare personal appearance for performances
ELECTIVES		CUAPPM311 (b)	Assist with conceiving and preparing performance spaces
BSBCRT413 (a)	Collaborate in creative processes	CUAPRF314 (b)	Develop audition techniques
CUACHR411 (a)	Create and perform dance pieces	HLTAID011 (b)	Provide first aid
CUADAN413 (a)	Develop expertise in jazz dance techniques		
CUADAN415 (a)	Develop expertise in street dance techniques		
CUADAN418 (a)	Develop expertise in ballet techniques		
CUADAN419 (a)	Develop expertise in contemporary dance techniques		
CUADAN420 (a)	Develop expertise in tap dance techniques		
CUADAN422 (a)	Develop dance techniques for musical theatre		
CUADAN423 (a)	Develop expertise in lyrical dance techniques		
CUADAN432 (a)	Improvise advanced dance sequences		
CUADLT411 (a)	Document dance		
CUAIND412 (a)	Provide freelance services		
CUAMWB401 (a)	Develop and implement own self-care plan in the creative industries		
CUAPPR414 (a)	Develop self as artist		



COURSE OUTCOMES | CUA40120 CERTIFICATE IV IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

The CUA40120 Certificate IV in Dance course provides participants with the knowledge and skills to demonstrate a range of technical skills in a solo and group dance performance.

In addition, students can:

- Develop expert and powerful performances in multiple dance styles of their choice, through regular training and rehearsals
- Master their mentality around training, technique and performance
- Be inspired by professional performances and practitioners
- Learn a variety of techniques to move with ease, accuracy and alignment
- Undertake customized conditioning to further their strength, flexibility, stamina and style
- Create impactful solo and group dance pieces to perform to a virtual or live audience
- Confidently choreograph and respond to music of different dynamics and styles
- Confidently interact and partner with other dancers
- Design and organise costuming, hair and makeup to enhance the audience experience and aesthetic of their choreography
- Put together music tracks and design lighting to create a powerful performance
- Set goals and tick their targets off as they achieve them
- Design meeting agendas and learn skills to help with coordinating logistical details for productions and their own freelance services.
- Work with a mentor or teacher to plan a career in the industry
- Develop their portfolio for their artistic self and create the materials and skills they need to audition and work in the industry
- Increase their understanding of safe dance practice, injury prevention, and the skills required to sustain a long and fruitful career in the industry
- Understand the expansive creative arts industry and the opportunities that are available to students and career seekers
- Find new and innovative ways of moving through improvisation

Further study pathways

Successful Certificate IV students can obtain further qualifications of a Certificate IV in Dance Teaching and Management or Diploma in Elite Performance with Empowerdance, or any other approved institution (please note that the Certificate IV course is not a pre-requisite for other courses with Empowerdance). Students can also progress on to obtain a Diploma, Advanced Diploma, or Bachelor in various other dance related areas such as dance performance or education.



DELIVERY AND ASSESSMENT PLAN | CUA40120 CERTIFICATE IV IN DANCE

ALL COURSES DELIVERED IN PARTNERSHIP EMPOWERDANCE RTO: 40397

The CUA40120 is a Certificate IV in dance which has been designed to meet the needs of prospective dancers, is linked to the National Training Package, and can be completed over 12-18 months.

DANCE MAFIA is the primary delivery site for both the theoretical and practical elements of this course, providing opportunities for students to explore study within their local community. Some practical elements may be completed through the dancer's own dance studio. This can include accountability hours for chosen styles, participation in major performances and class teacher feedback.

The staff who will be facilitating the training and assessing throughout this certificate are dance specialists who are suitably qualified and experienced in the styles they present. These trainers are also qualified in Training and Assessing (TAE40122)

This certificate is heavily focussed and assessed on dance styles and performance techniques, with feedback and self-assessments being a critical element of the work. Students will understand how to develop themselves as a dance artist and will attain the business skills and tools to enable them to work as a freelance contractor.

During the course duration students are required to consult with professionals, maintain their own fitness and dance practice and demonstrate their commitment to their own wellbeing and progress. They are required to research and practice somatic techniques and take a keen interest in live dance performance.

Collaboration with others and facilitating choreography will enable the student to confidently complete with the skills to create solo and group dance works, should they be required to in the field. They are required to learn how to network and attend networking events to ensure their currency in the industry.

Planning their own career path is a component of this certificate that presents self-coaching into their awareness and workbooks.

Partnering techniques provide students with a grounding in pas de deux work and complex partnering work.

In this CUA40120 Certificate IV in dance the student will be trained and assessed in the necessary and essential elements for them to pursue a strong career in the dance industry.



The CUA10120 Certificate I In Dance requires students to attend classes every Wednesday from 9am to 2:30pm for 5.5 hours per week The CUA20120 Certificate II In Dance requires students to attend classes every Wednesday from 9am to 2:30pm for 5.5 hours per week The CUA30120 Certificate III In Dance requires students to attend classes every Wednesday from 9am to 2:30pm for 5.5 hours per week The CUA40120 Certificate IV In Dance requires students to attend classes every Wednesday from 9am to 2:30pm for 5.5 hours per week

All of the theory assessments are uploaded and completed through the online portal, Cloud Assess which students will have their own log in to access. Students will also have access through this portal to a resource library to help them along their journey.

For the Certificate III in Dance and Certificate IV in Dance you will need to work alongside a dance teacher you admire and wish to gain experience from for your student teaching and teaching units. These people will become your mentors, giving you one-on-one coaching and invaluable experience within their studio and world.

You will also work alongside your peers for your group assessments, which may require you to have access to Facebook or other platforms that connect you to your group.



All Empowerdance Certificate courses provide training that is over and above the requirements of the qualification. This is to ensure the quality of the product on course exit, meets the industry standards.

TUITION FEES PAID BY THE STUDENT TO DANCE MAFIA

CUA10120 CERTIFICATE I IN DANCE

Tuition for this course is a total of \$3780AUD per 12 months, this includes a non-refundable deposit of \$605AUD.

CUA20120 CERTIFICATE II IN DANCE

Tuition for this course is a total of \$3780AUD per 12 months, this includes a non-refundable deposit of \$605AUD.

CUA30120 CERTIFICATE III IN DANCE Tuition for this course is a total of \$4000AUD per 12 months, this includes a non-refundable deposit of \$825AUD.

CUA40113 CERTIFICATE IV IN DANCE Tuition for this course is a total of \$4375AUD per 12 months, this includes a non-refundable deposit of \$1200AUD.

PAYMENT

Fees are payable per week via direct debit or term in advance via Direct Debit, bank transfer, Credit Card, or Cash. Invoices are to be paid by the due date. Overdue fees will incur a 10% "Late Fee" per week until payment is made. All accounts will be automatically set up on a weekly payment plan upon enrolment unless paid by due date.

Failure to pay fees will result in DANCE MAFIA withholding your certificate until course is paid for entirely.



CONTACT US TODAY

If you wish to acquire further information about the Empowerdance Certificate programs delivered in partnership with us, please do not hesitate to contact us today!

EMPOWERDANCE 4/880 South Road Edwardstown SA 5039

+61 8352 2006 hello@empowerdance.com.au www.empowerdance.com.au

DANCE MAFIA 2/53 Newheath Drive Arundel QLD 4214

0438804895 themovement@dancemafiagc.com https://www.dancemafiagc.com

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